

Food Bank Guidelines:

To Register for the food bank, please provide:

- Valid photo identification for yourself and any dependents living in your household. This can be a **passport, driver's license or photo identification card.**
- We also require proof of address in order to sign up for the food bank. This can be a **leasing agreement** document or **a piece of mail with your first and last name and address.**

The Stop's Catchment Area:

North: Rogers Rd

South: Bloor St W

West: Runnymede Rd

East: Bathurst St

If you live within our catchment area you are welcome to use our food bank once per month. However, if your address is outside of our catchment area boundaries, you are allowed to use our food bank twice a year, or once every six months.

- Orange Card = Inside Catchment Area, you may access our food bank once-a-month
- White Card = Outside Catchment Area, you may only access our food bank twice a year, once every six months.

If you visit other food banks in the area, please be aware that you can only visit **one food bank a week.** For example, if you visit Fort York food bank on Wednesday, you will have to wait until the following week to pick up a food hamper from The Stop's food bank.

Food Bank Hours of Operation:

Mondays 10am – 2pm

Fridays 10am – 2pm

Please make sure to arrive no later than 2pm to be served.

Keep in mind that our food bank will be closed on all Statutory Holidays.

Thank you for your cooperation!